

Whaler's Cove Assisted Living  
114 Riverside Avenue  
New Bedford, MA 02746



### November Birthdays

In astrology, those born from November 1-21 are Scorpios. Scorpios cherish the truth and are not afraid to go to extraordinary lengths to uncover mysteries and get what they want. Those born from November 22-30 are Archers of Sagittarius. These Archers are philosophical seekers of knowledge who love traveling to new places to absorb new cultures.

- Burt Lancaster (actor) – Nov. 2, 1913
- Walter Cronkite (journalist) – Nov. 4, 1916
- Alfre Woodard (actress) – Nov. 8, 1952
- Anne Hathaway (actress) – Nov. 12, 1982
- Gloria Foster (actress) – Nov. 15, 1933
- RuPaul (model) – Nov. 17, 1960
- Delroy Lindo (actor) – Nov. 18, 1952
- Michael Strahan (TV host) – Nov. 21, 1971
- Don Cheadle (actor) – Nov. 29, 1964
- Ben Stiller (actor) – Nov. 30, 1965

### Happy Birthday to Our Residents...

- Elizabeth P.      November 8th
- Sinis A.            November 28th



November 2022

## Whaler's Cove Assisted Living The Port of Call

114 Riverside Avenue  
New Bedford, MA 02746  
P:508-997-2880 F: 508-997-1599

### Celebrating 20 Years!

Whaler's Cove Assisted Living, its residents, and its staff, are about to hit a major milestone—20 years of operation! We are all excited to celebrate together at the 20<sup>th</sup> Anniversary Party slated for November 2, 2022, from 5:00 – 7:00 pm. It promises to be a night to remember. Guests will enjoy a champagne toast, appetizers, and desserts while listening to a jazz duo in the Auditorium. There will be a special dedication to our former Executive Director, Maureen Costa, who retired in 2020, but could not be celebrated due to the ensuing pandemic. We also plan to honor each of our staff members that have hit milestone anniversaries—5 years, 10 years, 15 years, and 20 years of employment.

Having been a part of the Whaler's Cove team since 2007, I feel very fortunate to have known all the residents, families, staff, and community partners that have lived or worked at Whaler's Cove over the years. I look forward to coming to work every day to lead a team of dedicated and attentive individuals who believe in Whaler's Cove and its mission to provide the best quality care to the residents in our community. As a team, we all look ahead to meeting the individuals that have yet to consider Whaler's Cove for themselves or their loved ones, because we believe in what we do and know that there are others that can benefit from moving here.

I would like to thank all of the residents, families, staff, and community partners for giving us purpose every day. We hope that you join us in celebration of this accomplishment not just on November 2<sup>nd</sup>, but every day thereafter, as we know how lucky we are to be in this line of work and to impact the lives of our residents in the way that we do. Let's keep celebrating these milestones together for years to come. Happy 20<sup>th</sup> Whaler's Cove!

*Laura Sousa*

Executive Director

**American  
Indian  
Heritage  
Month**

**Adoption  
Month**

**Men Make  
Dinner Day**  
*November 3*

**Veterans Day  
(U.S.)**  
*November 11*

**Apple Cider  
Day**  
*November 18*

**International  
Men's Day**  
*November 19*

**Game &  
Puzzle Week**  
*November 20–  
26*

**Thanksgiving  
Day (U.S.)**  
*November 24*

## Employee of the Month



Congratulations to Ziana Goncalves for receiving November's Employee of the Month. Ziana started working at Whaler's Cove through the GNBVT Culinary Arts Co-Op Program during the 2021-2022 school year. She quickly learned the dietary role and has thrived in her position since.

Ziana is always willing to lend a hand to both her co-workers and chefs. The residents love when she works as she is polite, friendly, and attentive to their needs. From taking orders to washing dishes, she truly does it all. She even helps the chefs put away food orders if they are busy on the line. After Ziana graduated GNBVT, she joined the Whaler's Cove dietary team part-time and is continuing her college education to work towards her life goals. Ziana is a prime example of a dedicated worker and is appreciated.

We are so proud of your achievement Ziana and know you have a bright future ahead!

## Veterans Day



Veterans Day is a time for us to pay our respects to those who have served.

This holiday started as a day to reflect upon the heroism of those who died in our country's service and was originally called Armistice Day. It fell on November 11 because that is the anniversary of the signing of the Armistice that ended World War I. However, in 1954, the holiday was changed to "Veterans Day" in order to account for all veterans in all wars.

We celebrate and honor America's veterans especially our resident Veterans for their patriotism, love of country and willingness to serve and sacrifice for the common good.

### Thank you:

- Everett Furtado
- Robert Carroll
- John Reed
- Robert Gardner
- Leonard Sylvia
- Emile Fournier
- Antone Flor
- Gerard Gaudette

## Welcome New Wellness Director



We are pleased to announce a new member has joined the Whaler's Cove Team! Please help us welcome Julie Geller, OT as Wellness Director. Julie will oversee the comprehensive delivery of personal care services to residents on a day-to-day basis, assist in the coordination of resident care along with physicians, visiting nurse partners, and caregivers, participate in admission determination and coordinating new move-ins, as well as hiring, training, managing, and evaluating care staff and the nursing team in accordance with the residents' needs and state regulations.

Previously, Julie spent ten years in the travel industry and tour quality management. She then went on to start a career as an Occupational Therapist working her way up to the Rehab Director at a skilled nursing facility for the last five years. Julie says that she is "excited about being part of a community that promotes quality of life and independence and is happy to continue working in a field that she is so passionate about."

Outside of work, Julie loves to spend time with her husband, two children, and two dogs. She also enjoys traveling.

Julie brings a fresh perspective to the Wellness Department, and we couldn't be more thrilled. Please help us welcome her!

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## Thanksgiving Food Drive

A big thank you to everyone who donated to our 3rd Annual Thanksgiving Food Drive! We collected several large totes of non-perishable food items and will continue to accept donations through Friday, November 14 for the Hunger Heroes Project with United Way of Greater New Bedford and Fun 107. Donations can be left in the tote across from the reception desk.

