

Whaler's Cove Assisted Living
 114 Riverside Avenue
 New Bedford, MA 02746



May Birthdays

In astrology, those born from May 1–20 are Taurus' Bulls. Bulls are reliable workers who take a slow-and-steady approach to finishing tasks. They do expect a reward for their hard work. Those born from May 21–31 are the Twins of Gemini. Energetic and spontaneous, they are great at connecting with others.

- Dwayne Johnson (actor) – May 2, 1972
- Audrey Hepburn (actress) – May 4, 1929
- George Clooney (actor) – May 6, 1961
- Don Rickles (comedian) – May 8, 1926
- Fred Astaire (dancer) – May 10, 1899
- Stevie Wonder (musician) – May 13, 1950
- Malcolm X (activist) – May 19, 1925
- Mr. T (actor) – May 21, 1952
- Patti LaBelle (singer) – May 24, 1944
- Ian Fleming (novelist) – May 28, 1908
- Brooke Shields (actress) – May 31, 1965

Happy Birthday to Our Residents...

Shirley C.	May 6 th
Filomena P.	May 11 th
Mary Ellen B.	May 17 th
Deborah N.	May 19 th
Isaura P.	May 21 st
Shirley P	May 24 th
Maria O.	May 30 th



May 2023

Whaler's Cove Assisted Living The Port of Call

114 Riverside Avenue
 New Bedford, MA 02746
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Honoring the Dedication and Compassion of Our Nurses

Adopt a Horse Month

Older Americans Month

May Day
May 1

Cinco de Mayo
May 5

Salvation Army Week
May 15–21

Mother's Day
May 14

International Museum Day
May 18

Victoria Day (Canada)
May 22

Memorial Day (U.S.)
May 29



As Nurses Week approaches, the week of Saturday May 6 to Friday, May 12, it is important to take a moment to recognize the invaluable contribution that nurses make to the lives of those they serve. Nurses play a vital role in ensuring that residents receive the care and attention they need to live fulfilling and comfortable lives.

Our nurses Stacey Barboza and JoAnn Silva are responsible for providing a range of healthcare services, including assessments for new and current residents, communication with caregivers, physicians, and visiting nurse partners, supervision of our Certified Nursing Assistants, and so much more. However, their responsibilities go beyond just overseeing medical care. Stacey and JoAnn also act as a source of emotional support for residents and their families. They take the time to get to know residents on a personal level, listening to their concerns and providing comfort and reassurance when needed.

The dedication and compassion that they bring to their work is truly remarkable. They work long hours, often under challenging circumstances, to ensure residents receive the best possible care. Their commitment to each resident is unwavering, and their willingness to go above and beyond the call of duty is an inspiration to us all.

During Nurses Week, it is important to take the time to thank our nurses for their hard work and dedication. A simple "thank you" can go a long way in showing them that their efforts are appreciated. You can also show your appreciation by leaving a positive review or sharing a story about a nurse who has made a difference in your life or the life of a loved one.

Nurses Week is a time to honor the incredible work that nurses each day. Their dedication and compassion make a profound impact on the lives of residents and their families, and we are grateful for all that they do. Thank you, Stacey and JoAnn, for your unwavering commitment to our residents and for making a difference in the world!

Remembering Those Who Served



Memorial Day is a day of remembrance and reflection for all Americans, but it holds special significance for senior citizens who have lived through many of the wars and conflicts that our nation has faced. As we honor those who have made the ultimate sacrifice for our country, it's important to take time to reflect on the impact that their service has had on our lives.

For many seniors, Memorial Day is a time to remember friends and loved ones who have served in the military. Whether it's through sharing stories, looking at old photos, or simply taking a moment of silence, this day is an opportunity to honor their memory and the sacrifices they made for our freedom.

As we honor our fallen heroes, we also recognize the continued service of our current military members and veterans. For seniors who have served in the military themselves, Memorial Day is a time to reflect on their own experiences and the bonds they formed with their fellow servicemen and women. It's a day to remember the camaraderie and sense of purpose that comes with serving in the military, and to appreciate the lasting impact that service can have on a person's life.

Package Deliveries

We are still experiencing difficulties with delivery drivers entering the community to deliver packages to residents. Drivers from Amazon, FedEx, QVC, UPS, and many others, continue to leave packages in our foyer or deliver to the neighboring buildings by mistake. We cannot control this and have made every effort to communicate with these companies to stress the importance of door-to-door deliveries to ensure you receive your packages promptly and securely. If your package is left in the foyer, it is at risk of being taken by another resident or visitor. If your package states "delivered" but cannot be found onsite, it is possible that it was delivered to Whaler's Place, Manomet Place, Victoria Riverside Apartments, or Riverbank Lofts. We ask that you (or your family) include your apartment number as part of the address and ask for it to be handed directly to the receptionist. As the other buildings are not open 24/7 and do not have reception staff, it is possible that we will have more success in getting packages delivered to the right place if these steps are taken.

Our staff will get to the deliveries from the foyer as soon as they can. Your care comes first, and all the staff must complete their assigned tasks before loading up a cart to deliver door-to-door. This is not a service we traditionally offer and do not want to risk damaging your package or staff injury (if the package is heavy). Deliveries truly should be handled by the delivery companies themselves. We are hoping this will be corrected as the pandemic provisions lift later this month. Thank you for your understanding and cooperation.



Happy Mother's Day!

As Mother's Day approaches, it's a time to reflect on the special role that mothers play in our lives. It's an opportunity to celebrate the love and care that mothers have given throughout the years, and to recognize the important contributions they continue to make to our lives.

Mother's Day is a time to honor the women who have shaped us, guided us, and loved us unconditionally. For many of us, our mothers were the first people we turned to for comfort, advice, and support. They were there to wipe away our tears and to cheer us on through all of life's challenges.

For our residents, Mother's Day can be a time to reflect on these memories and to share stories with friends and loved ones. It's a time to remember the laughter and the tears, the hugs and the kisses, and all of the little moments that made our mothers so special.

At the same time, Mother's Day is also an opportunity to recognize the important contributions that mothers continue to make to our lives. Even as we grow older and more independent, our mothers remain a constant source of love and support. They are there to offer words of wisdom, to lend a listening ear, and to help us navigate the challenges that life throws our way.

So, as we celebrate Mother's Day this year, let's take a moment to honor the mothers in our lives. Whether they are with us in person or in spirit, let's remember the love and care that they have given us, and the ways in which they continue to inspire us every day. Let's cherish the memories we have with them, and let's make new memories that we will cherish for years to come.

To all of the mothers at Whaler's Cove, we thank you for all that you have done and continue to do. You are an inspiration to us all, and we wish you a very happy Mother's Day.

On Friday, May 12th we will be hosting our annual Mother's Day Tea where light treats and refreshments will be served as well as live music by violist Travis Rapoza.

2nd Omicron-Specific Booster Shot Available

We have received notification that residents 65+ or who are immunocompromised are eligible for another Omicron-specific booster shot. We are able to host another onsite clinic but need to know how many residents would be interested in receiving another one. Please see any staff member of the Administration Office or Wellness Office to be added to the list. We ask that you provide us with your decision by May 5th so that we can move forward with scheduling the clinic. Reminders will be sent out once the clinic is officially scheduled and we will once again host in the auditorium.

