

Whaler's Cove Assisted Living  
 114 Riverside Avenue  
 New Bedford, MA 02746



## January Birthdays

In astrology, those born from January 1–19 are Capricorn's Goats. Like goats that perch on mountain crags, Capricorns are masters of self-control and responsibility. Those born from January 20–31 are the Water Bearers of Aquarius. Just as water gives life to the land, Aquarians are the humanitarians of the zodiac. Their compassion compels them to help others.

Betsy Ross (upholsterer) – Jan. 1, 1752  
 Diane Keaton (actress) – Jan. 5, 1946  
 Zora Neale Hurston (novelist) – Jan. 7, 1891  
 Soupy Sales (comedian) – Jan. 8, 1926  
 Max Roach (jazz drummer) – Jan. 10, 1924  
 Jeff Bezos (Amazon exec) – Jan. 12, 1964  
 Regina King (director) – Jan. 15, 1971  
 Muhammad Ali (boxer) – Jan. 17, 1942  
 Ernest Borgnine (actor) – Jan. 24, 1917  
 Oprah Winfrey (talk show host) – Jan. 29, 1954

## Happy Birthday to Our Residents...

|             |                         |
|-------------|-------------------------|
| Anthony S.  | January 3rd             |
| Laura S.    | January 5 <sup>th</sup> |
| Thomas M.   | January 6th             |
| Khin M.     | January 11th            |
| Robert C.   | January 21st            |
| Maria De S. | January 21st            |
| Barbara M.  | January 25th            |
| Marilyn G.  | January 29th            |
| Margaret A. | January 31st            |



January 2022

# Whaler's Cove Assisted Living Monthly News The Port of Call

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## Sunny



Meet Sinis Andrade, also known as Boboi or Sunny. He has been a Whaler's Cove resident since June 2020. Sinis grew up in Cape Verde on the beautiful island of Brava with his mother, younger brother, and other relatives. His father worked in the US to provide for the family.

Sinis has fond memories of his childhood on the island and says it was some of the best years of his life. He lived in a small town where everyone knew each other. He's had a passion for music since the young age of eleven when he learned how to play the viola, ukulele, and guitar with the help of a local who played the violin in a band.

Sinis recalls one day on the island, at six years old, when his grandmother interrupted his kite flying to visit a family friend. He was frustrated until he learned that his "girlfriend" Sylvania (also known as Bebe) would be there.

Sinis completed school on the island. At the age of twenty Sinis and his brother, who were extremely close, moved to Dakar, Senegal. They spent seven years there working at a factory making suitcases and enjoying life. After the death of his father, Sinis and his family moved to the US. His brother and mother resided in New Bedford, and he had an apartment in Brockton. He loved the music scene and had several friends with who he played music at parties.

One night Sinis' friend asked him to go out so that he could introduce him to a friend who was in town from Cape Verde. To Sinis' surprise, it was Bebe, his childhood friend. They hit it off instantly and dated until they decided to marry in 1961.

After they got married, Sinis and Sylvania moved to New Bedford to be closer to his family and start one of their own. Sinis and his wife share five children and several grandchildren and great-grandchildren. They later moved to South Carolina to be closer to them for fourteen years until his wife passed away in 2018. Sinis then moved back to New Bedford.

These days Sinis enjoys spending time with his local nephews and great support systems, talking with his family, and listening to music.

Sinis has been such a wonderful addition to our community and truly lives up to his nickname, Sunny. He is happy-go-lucky and radiates his positive energy onto everyone he encounters!

**International  
 Creativity  
 Month**

**Mentoring  
 Month**

**New Year's  
 Day  
 January 1**

**Bird Day  
 January 5**

**Make Your  
 Dream Come  
 True Day  
 January 13**

**Use Your  
 Gift Card  
 Day  
 January 15**

**Martin  
 Luther King  
 Jr. Day  
 January 17**

**Activity  
 Professionals  
 Day  
 January 28**



## Happy New Year!

A new year is upon us! As we look to 2022, we are hopeful that the difficult times we have faced worldwide start to recede into the background. So many people have experienced stress, uncertainty, pain, and loss in the last two years, and we remain confident that better things lie ahead for all of us. Whaler's Cove is grateful to its residents, staff, caregivers, community partners and medical professionals for helping keep the community safe and healthy during the pandemic. We choose to maintain a positive outlook because so much is possible at the start of a new year. On behalf of the staff at Whaler's Cove, let me say THANK YOU for choosing us. We remain committed to bringing new opportunities to residents and resuming "normal" day-to-day operations as it becomes safe to do so. Best wishes to all for a healthy and happy New Year!

Laura Sousa  
Executive Director



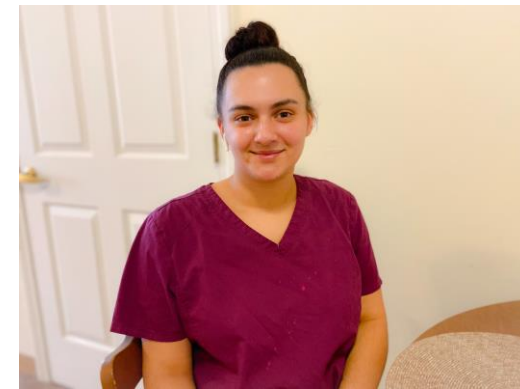
## National Activity Professionals Week

National Activity Professionals Week is celebrated January 23rd-29th. This week is designed to honor activity professionals and the vital role they play in enriching the lives of those they serve.

Activity Director, Jeannine Pacheco, with the assistance of Activity Assistant, Glenn Baptista, plan, execute and evaluate resident-centered, meaningful activities, specifically tailored to meet everyone's needs. Activity services include pet therapy, music, exercise, community outings, creative-expressive programs, mind exercise activities, cultural programs, educational opportunities, spirituality, special events, domestic activities, and so much more. Even throughout the pandemic, Jeannine and Glenn found creative ways to keep residents active and involved while keeping them safe.

Jeannine and Glen, we recognize the great work you do and appreciate it more than you know!

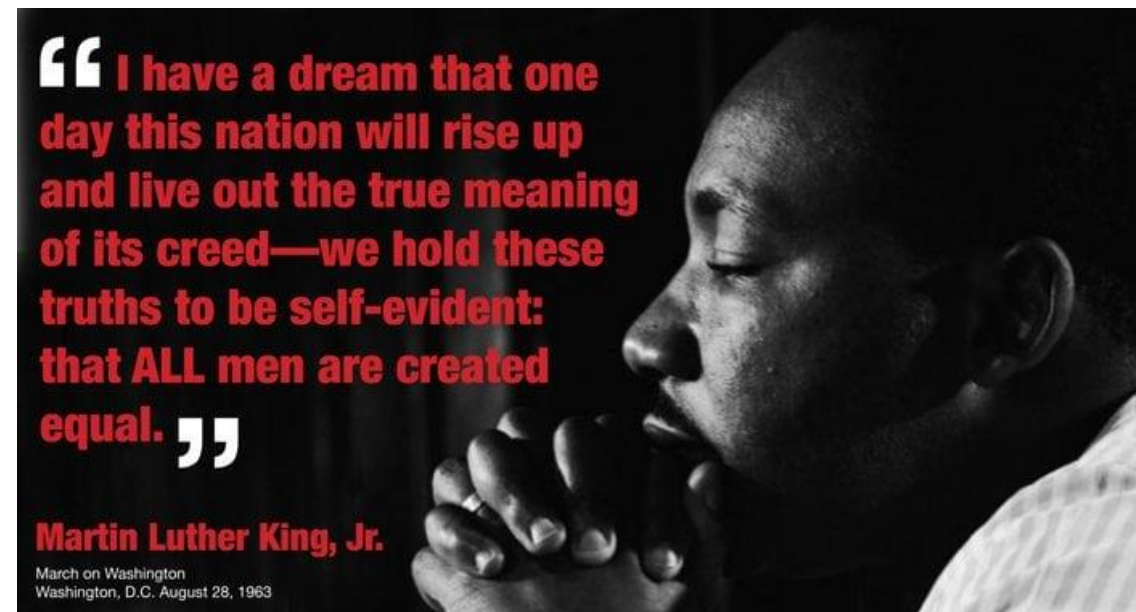
## Employee of the Month



Congratulations to Jasmine Torres on receiving January's Employee of the Month. Jasmine started her housekeeping position with us in August and has quickly proven herself. She continuously shows initiative and rarely needs supervision. The quality of her work is excellent, and she truly cares about our residents and their living conditions.

Jasmine quietly completes her work and is often complimented by the residents for her services. She is also a team player who will jump in and assist fellow housekeeper Meya if needed. When apartments require a quick turnover for new move-ins Jasmine doesn't hesitate to help, not letting it affect her regular duties.

Jasmine not only keeps our community looking clean and beautiful, but is essential in the execution of infection control, resident safety, and customer satisfaction. Thank you, Jasmine, for all you do, we are so grateful to have you as part of the team!



## Resident Satisfaction Survey

Annual Satisfaction Surveys have been delivered. As always, responses are optional but greatly appreciated. You may submit anonymously. Our goal is to set our service standards to meet or exceed our resident's expectations and feedback allows us to work towards doing so. Please drop your completed survey into the designated box outside of the Activities Office.

