



April Birthdays

In astrology, those born from April 1–19 are Aries' Rams. Rams are headstrong, charging forward into adventures with confidence and ambition. Those born from April 20–30 are Taurus' Bulls. Bulls are reliable workers who take a slow-and-steady approach to finishing tasks.

Marvin Gaye (singer) – April 2, 1939
Eddie Murphy (comedian) – April 3, 1961
Maya Angelou (poet) – April 4, 1928
Billie Holiday (singer) – April 7, 1915
Omar Sharif (actor) – April 10, 1932
Al Green (singer) – April 13, 1946
Kareem Abdul-Jabbar (athlete) – April 16, 1947
Rick Moranis (actor) – April 18, 1953
Jack Nicholson (actor) – April 22, 1937
Ella Fitzgerald (singer) – April 25, 1917
Carol Burnett (comedienne) – April 26, 1933
Duke Ellington (composer) – April 29, 1899



Happy Birthday to Our Residents...

Dennis O.	April 1st
Louise D.	April 4 th
Helena F.	April 14th
Jose P.	April 20 th
John V.	April 14th
Dalia R.	April 15th
Mary Ann T.	April 25th
Antone F.	April 30th

April 2023



Whaler's Cove Assisted Living Monthly News The Port of Call

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Happy Easter

As we enter the month of April, we are reminded of the upcoming Easter holiday, which is celebrated by millions of people around the world. Easter is a time for renewal, hope, and new beginnings. It's a time when we come together with our loved ones to celebrate the season of spring and the joy that it brings.

We understand the importance of celebrating these special moments, and we are committed to making this year's Easter celebration as memorable as possible. The common areas are decorated with colorful Easter decorations, including Easter baskets, bunnies, and spring flowers.

In addition to the decorations, we will also be hosting a variety of Easter-themed activities for our residents to enjoy. Some of these activities include arts and crafts sessions and a special Easter themed Bingo. For those who celebrate Easter as a religious holiday, we will be offering special Easter services for residents.

As we celebrate this Easter season, we want to remind our residents, families, and staff that we are a community that values love, compassion, and togetherness. We hope that this Easter celebration will bring joy and happiness to all of our residents and their families, and that it will serve as a reminder of the hope and renewal that this holiday represents.

Thank you for being a part of our community, and we wish you all a very happy Easter!



Humor Month

Kite Month

April Fools' Day
April 1

World Party Day
April 3

Passover
April 5–13

Easter
April 9

Scrabble Day
April 13

Earth Day
April 22

Gathering of Nations Pow Wow
April 27–29

Arbor Day
April 28

Employee of the Month



Whaler's Cove Assisted Living is proud to announce that Dietary Aide, Ilda Gunberg, has been selected as the Employee of the Month for April. Ilda has been with us since 2002, the year we first opened our doors. As a Dietary Aide, Ilda is responsible for preparing and serving meals to our residents, ensuring that their dietary needs are met and that they receive nutritious and delicious meals every day. In addition to her regular everyday tasks.

Ilda is reliable and willing to help the department in any way she can. She has demonstrated commitment to our residents, most recently by stepping up to the plate and covering shifts during difficulties we experienced with staffing.

Ilda's willingness to go above and beyond her regular duties has been noticed by all. She has taken on additional responsibilities to ensure that our residents receive the care and attention they need. Her dedication and hard work are an example to her coworkers and have helped to ensure that our community continues to provide the highest quality care to our residents.

Ilda takes the time to get to know each resident and their dietary needs, ensuring that they receive the personalized care and attention they deserve. Her willingness to accommodate special requests have made her a valuable member of our team.

In recognition of her hard work and dedication, Whaler's Cove Assisted Living is pleased to name Ilda as our Employee of the Month for April. We are grateful for her contributions to our community and for the care and attention she gives to our residents. Congratulations, Ilda, and thank you for all that you do!

Administrative Professionals Day

Administrative Professionals Day, Wednesday, April 26, is an annual celebration of the hard work and dedication of administrative professionals. Administrative professionals are the backbone of any organization, and this is especially true in our community. They are responsible for ensuring that the day-to-day operations of the community run smoothly and that the needs of residents are met in a timely and efficient manner.

These professionals often work behind the scenes, but their contributions are essential to the success of the community. On Administrative Professionals Day, it's important to take the time to recognize and appreciate the hard work of these professionals. Help us take a moment to say thank you to all the administrative staff who work tirelessly behind the scenes to make community a great place to live and work. Your dedication and hard work are truly appreciated!



No-Bake Mini Egg Easter Nests

Ingredients

- 4 cups marshmallows
- 5 cups rice cereal
- 1/4 cup coconut oil*
- 2 teaspoons vanilla
- 2 cups mini eggs
- 1/2 cup chocolate chips, optional

Instructions

1. Grease a 12-cup muffin tray and set aside.
2. Place the marshmallows in a large microwave-safe bowl and heat for 25-30 seconds. Stir well, and repeat heating as needed.
3. Add the melted butter or coconut oil and vanilla extract to the marshmallows and stir well to incorporate.
4. Add the rice cereal cup at a time, gently folding it into the marshmallow mixture, until all of the cereal is incorporated.
5. Scoop heaping 1/4 cup portions of the Rice Krispie treats into the prepared muffin tray.
6. Wet your hands and press the Rice Krispie treats into a cup or tart-shape.
7. Place in the fridge for 2 hours or overnight to set.
8. When the nests have had a chance to set and harden, pop them out of the muffin tray using a butter knife and fill with treats. We used mini eggs but jellybeans or some berries would also be delicious.
9. You can either just set the mini eggs in the nests or add a half Tablespoon of melted chocolate chips to each and then add the mini eggs so that when the chocolate sets and hardens it holds the eggs in place.



Electronic Devices

While our staff is always happy to assist you in any way we can, we unfortunately cannot assist with electronic devices.

We understand that electronic devices can be an important part of your daily life, but our staff members are not trained or equipped to troubleshoot or provide technical support for these devices. Additionally, we must prioritize the safety and well-being of all residents by focusing on our regular everyday duties.

We encourage you to seek assistance from family members or friends who may be able to provide the support you need with your electronic devices. Alternatively, you may wish to consider the resources below:

Coastline Elderly Services, Inc. FREE Cell Phone and Computer Classes
– Contact Planning Assistant, Roshalene Grace, at 508-742-9160

Any residents that are **Senior Whole Health** members can reach out to inquire about the **Papa Pals Program** which provides companion care services and support for everyday needs. Toll-free 888-794-7268.

We appreciate your understanding and cooperation in this matter.

